

CLAIME FLAME

MEETING:

Canadian Path Navigator LEVEL:

Wash/Sanitize hands—Clean any equipment being used.

Welcome (5 min)

- Gathering game
- Welcome everyone to the meeting and wait a couple minutes for everyone to arrive.

Opening (10 min)

Game:

Wash/Sanitize hands—Clean any equipment being used.

Dates to be aware of:

Plan (15 min)

Have a body break! Stand up, do some stretches or dance moves and shake it out before jumping into the activity.

Do (20 min) Split into small teams of between 6–8 youth. Work in these teams for the whole activity.

What's Next?

Wash/Sanitize hands—Clean any equipment being used.

Review and Closing (15 min)

Weekly Update to Parents