

Leadership In Training (LIT) Day Programs

YOUTH AGE: 12-17 YEARS

Woodland Trails traditional Leadership-in-Training (LIT) provides adolescents (12–17 years) vast opportunities for personal and professional development.

The LIT program will begin the week of July 4 with sessions offered weekly throughout the summer. The final week will be the week of August 28.



This weekly day-program will be designed with outdoor adventure, personal growth and community-building in mind. We endeavour to excite and challenge our youth with adventure while placing an emphasis on safety. The program runs daily, Monday through Friday from 9:00AM to 5:00PM. Before and after care options are available from 8AM and until 6PM at no additional fee. LIT cohorts will also have access to traditional Adventureland programming options. Cohorts will be limited in number and youth will also be in cohorts by age and will be required to bring their own lunch.

Focuses will include:

- · Team Building
- Effective Communication
- · Conflict Resolution
- · Problem Solving
- · Supporting young campers
- Program Planning
- Leadership Styles
- · Outdoor Skills Training
- Critical Thinking
- Adventure!

Participants will receive feedback from our seasoned LIT Coordinators throughout their experience. Youth can opt to participate in a mock interview and/or choose to plan and facilitate a session for their peers or younger campers. Staff will provide a written evaluation for all youth to speak to in future portfolios or job interviews. There will also be sessions with

special guests to offer focused development opportunities for participants. A large part of the program involves supporting young day campers, many of whom might be suffering from home sickness, shyness or the mastery of new skills. We equip our LIT's to partner with campers and give them unique opportunities to assist younger youth with overcoming challenges. All participants will receive a certificate acknowledging their successful participation in this program. The majority of our staff come from our LIT program.

All LIT participants will be required to abide by the health & safety protocols in place while on property, including but not limited to social distancing, handwashing/sanitizing, and masking requirements if necessary. Proof of vaccination may be requested for those 12 and older.

LIT participants will have their own designated area on the property with assigned programming times and will not be interacting with other guests on-site.

LIT Program: \$249.00 per week per participant (special early bird rate) and \$299 after that. Early bird pricing ends May 1, 2022.

For more information or to register email: adventureland@scouts.ca