



SASQUATCH SEEKERS

with Les Stroud

Scouter's Guide

SCOUTS.CA



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Sasquatch Seekers Challenge!

In the deepest darkest Canadian wilderness lives an elusive creature known as the Sasquatch! Some people think that it is a mythical creature and others believe that it is real! Some hikers and campers have spotted clues from the creature; fur hanging from trees and bushes, footprints in the mud, half eaten fruit, berries and meat, and shadows in the twilight.

Over a four-week period, your job is to confirm yes or no if the Sasquatch is mythical or not. Using your handy journal, track the progress of your investigation. Sasquatch Seekers brings youth along on a journey of discovery to examine the facts if the Sasquatch is real or mythical. Trudging through forests, tracking over snowy landscapes, or traversing through rivers, the search for the Sasquatch has begun. Week 6 the youth can examine all the evidence and determine what the Sasquatch looks like.

Each week the sections will look for pieces of evidence to either dispute or to determine whether the Sasquatch is a real creature or not. Use their Journal to track their findings.

This Scouter's Guide is your game plan for all the activities.

PLAN AHEAD, PREPARE YOUR SECTION'S SUPPLY LIST AND HAVE A BLAST!

Sasquatch Seekers begins on February 26, 2024, and ends on April 1, 2024, with activity submissions accepted up until April 7, 2024, to give Scouters plenty of time. We'll announce the winner on April 21, 2024. While sections are encouraged to participate in each week's challenge chronologically, achieving a shared Scouting experience across the country is not necessary.

Week 1 is a planning week and a week to get the youth ready to head outdoors to search for clues.

Week 6 is not a challenge, this is where you will gather all your evidence together and determine whether the Sasquatch is real or not.

Fun and engaging videos, presented by Survivorman Les Stroud, outlining each weekly challenge will be available to Scouters.

Each Monday, beginning on February 26, videos will be published on Scouts Canada's social media pages and website to promote each week's challenge.

Submit your Section's completed challenge each week via the online form at Scouts.ca/Sasquatchseekers.

This is a friendly challenge, but sometimes bragging rights go a long way, so make sure you submit weekly activities when completed!

Submitted activities are used to:

- Identify weekly Section winners;
- Earn crests;
- Identify grand prize winner candidates;
- Track participation to inform the Leaderboard.

Your Group & Council's progress will be tracked and shared in our Leaderboard online, updated weekly.

The word *Sasquatch* is believed to be an Anglicization of the Salish word *Sasq'ets*, meaning “wild man” or “hairy man”. J.W. Burns coined the term in the 1930s. Burns was an Indian agent assigned to the Chehalis Band, now known as the *Sts'ails* First Nation. The *Sts'ails* people claim a close bond with *Sas'gets* and believe it can move between the physical and spiritual realm. Sasquatch is also commonly known as Bigfoot in the Pacific Northwest of the United States. (thecanadianencyclopedia.ca/en/article/sasquatch)

Sasquatch has many names around the world. They are known as Big Foot in North America, Yeti in Asia, Sasquatch in Canada, and Yawi in Australia. What is your Sasquatch's name?

Prop Making

- Making Bigfoot prints
- Journal making
- Pieces of fur hidden in and around your meeting spot

Journaling Your Adventures!

Journaling is like keeping a special book where you write about your thoughts, stories of your adventures, feelings, and things that happen to you. It's a bit like having a secret friend you can share anything with, and it can be lots of fun!

When starting with the journals, have the youth use the blank pages to journal about some of their favourite Scouting events or camps. Take group photos of their Lodges, Lairs and Patrols, print the photos and add them to the journal.

Program Support—Sasquatch Seekers Information sessions

Join us for a one-hour session as we gear up for our upcoming exciting challenge: Sasquatch Seekers! Roaming our Canadian landscape is an elusive creature, leaving behind intriguing clues that unveil its prowess as one of the world's Hide and Go Seek champions. Only by working together can we unravel the secrets of its life in the wild and discover what makes the Sasquatch truly extraordinary!

Register in advance for this meeting:

21 January: 20h30 Eastern Time (US and Canada) [Register here.](#)

24 January: 21h30 Eastern Time (US and Canada) [Register here.](#)

February 5: 20h30 Eastern Time (US and Canada) [Register here.](#)

After registering, you will receive a confirmation email containing information about joining the meeting.

THE STORY IN A NUTSHELL

- Les Stroud, also known as Survivorman, seeks our assistance in unraveling the mysteries surrounding the elusive Sasquatch.
- To aid in our quest, he will share excerpts from his journal, guiding us to investigate our local surroundings for any potential Sasquatch sightings.
- To emulate Les's approach, we'll create our own journals, documenting the clues you find, perhaps also log your previous adventures and what you enjoy about your scouting family.

Week 1

GOING FOOTLOOSE

Explore what tracks look like, which belong to what animal. Our first clue will be to find **tracks of Bigfoot**. Looking for large footprints in the dirt, slush or snow. What other animal tracks can we find? (Your section should find a mould or prints of Sasquatch.)

Week 2

SOOTHING SLUMBER

Discover how many animals create a shelter to stay safe in the winter. Follow some of the tracks to Sasquatch's den. Draw it, and note in your journal anything about the den that could describe it.

Week 3

DYNAMIC DRESS UP

Investigate the strategies animals employ to stay warm in the winter wilderness. Track new paths that may lead us closer to Sasquatch territory, uncovering additional prints, perhaps another den, and even a patch of fur.

Week 4

FEASTY FOOD

Winter brings many challenges, including finding proper sustenance. Forage for food in nature, concocting meals that could attract Sasquatch and aid other struggling animals in the frosty season.

Week 5: From all our clues combine them to see what we understand of the Sasquatch. Look at a map of your community and discover all the locations where you have found the clues. **Submit your findings to Les.** Then celebrate, have a campfire to bring a close to your Sasquatch Seeking Journey.

BEAVERS AND CUBS

Prep week: Being outside can be scary and a little intimidating for our youth. Especially when it is dark and everyone is sleeping! Prepare your journal to be able to gather your evidence. Play animal sounds and determine what other creatures and sounds can be heard in the forest, is there a Sasquatch sound in there?

Materials to prepare: Journal cover, journal pages, pens and pencils

Week 1: Migration

GOING FOOTLOOSE

Many creatures live in the forest, they leave signs all around that they have been there.

Use your journal to document what you have found out this week.

Tracking in the snow. Find tracks at a local park. Identify them. Can be done at a meeting or have the youth do it on their own during the week. **Animal Investigator**

Week 2: Hibernation

SOOTHING SLUMBER

Some creatures hibernate in the winter to conserve body heat and live through winter when there is little food to eat.

Use your journal to document what you have found out this week.

Following footprints from the previous week, find the Sasquatch's den and any other homes from other animals. **Build a Dam**

Week 3: Adaptation

DYNAMIC DRESS UP

Wild creatures have learned to adapt to their environment in many cool ways.

Use your journal to document what you have found out this week.

Look at ways animals have adapted to their environment.

Adaptions in Nature

Week 4: Nutrition

FEASTY FOOD

Creatures eat lots of different food than humans.

Use your journal to document what you have found out this week.

Try making Edible Ice! (sugar crystals).

Evidence to prepare:

Footprints

Evidence to prepare:

**Materials that would make
a den**

Evidence to prepare:

**Assortment of pieces of fake
fur in different colours**

Evidence to prepare:

Sugar solution

Gather all the pieces of evidence that you have found on your challenge. Look at all the evidence and draw a picture that represents your Sasquatch. Do you think that it is real or mythical? As a section decide what your Sasquatch looks like.

SCOUTS, VENTURERS AND ROVERS

Prep week: Being outside can be intimidating for our youth. Especially when it is dark, and everyone is sleeping! The forest is not quiet. Prepare your journal to be able to gather your evidence. Play animal sounds and determine what other creatures and sounds can be heard in the forest, is there a Sasquatch sound in there?

Materials to prepare: Journal cover, journal pages, pens and pencils

Week 1: Migration

GOING FOOTLOOSE

Many creatures live in the forest, they leave signs all around that they have been there.

Use your journal to document what you have found out this week.

Each patrol creates a route for another patrol with their distinctive prints, that leads the others to a clue about the Sasquatch.

Week 2: Hibernation

SOOTHING SLUMBER

Some creatures hibernate in the winter so that they can conserve body heat and are able to live through winter when there is little to eat.

Use your journal to document what you have found out this week.

Try building different shelters and sleep outside in them. Determine which is the best for keeping you warm. Quinzhee Camping

Week 3: Adaptation

DYNAMIC DRESS UP

Wild creatures have learned to adapt to their environment in many cool ways.

Use your journal to document what you have found out this week.

Design a camouflage suit. What are you going to add to it so that you blend into the environment?

Week 4: Nutrition

FEASTY FOOD

Creatures eat lots of different food than humans.

Use your journal to document what you have found out this week.

Making Terrific Taffy in the Snow.

Evidence to prepare:

Footprints

Evidence to prepare:

**Materials that would make
a den**

Evidence to prepare:

**Assortment of pieces of fake
fur in different colours**

Evidence to prepare:

Syrup solution

Gather all the pieces of evidence that you have found on your challenge. Look at all the evidence and draw a picture that represents your Sasquatch. Do you think that it is real or mythical? As a section decide what your Sasquatch looks like.

Prep Week

PLANNING THE CHALLENGE

Beavers and Cubs

- Set up your section meeting with tents.
- Each patrol sits in a tent, lowering the lights as if you are in a forest. Each patrol should have a scouter with them. Make sure to have some form of lighting within the tents.
- Gather all the pieces of your journal. What are you using as a cover? Is yours colourful or is it plain? Is it going to have pictures in it, are you going to put your evidence in it?
- Are you going to write in your journal or draw pictures of what you find? Maybe you will do both.
- Will you use photographs?
- Using the supplied soundscape available on scouts.ca/sasquatchseekers, listen closely and see if you can determine what the sound is*. Is it a creature or is it the Sasquatch? Answers are at the bottom of the page.
- The forest isn't as quiet as you think it is going to be!

Scouter's Tip

- Working in small teams (versus the larger group) will allow more voices to be heard.
- Get the youth excited for their challenge by letting them design the outside of their journal. Brainstorm ideas on how the inside is going to look.
- Decide what your journal is going to look like.

Meeting Length: 20 mins

Challenge: All great challenges start with a plan. Before embarking on your challenge, how will you plan your adventure?

Safety Tip:

- Sitting still for a long time can be hard—take some breaks to play some moving games or have a dance break.
- Let everyone share their voice for planning. This may be challenging for some youth, so do not force anyone to speak, but give them the space to do so if they wish.

Scouts, Venturers and Rovers

Break into small teams and look through the different weeks of programming. Which activities would you like to do to find the Sasquatch? It may be a backpacking trip into the forest to look for evidence.

- Choose the adventures that you'd like to do each week. When choosing, consider what sounds fun, what sounds challenging that you'd like to try and how you might do the adventures.
- Then, you can plan a bit about your adventures. Will any of the adventures need to be done in a special location? If some of them need a special location like water, is there any way you can bring water to your meeting place (a folded blue tarp makes great pretend water if you need it)?
- What supplies will you need each week? Where will you get them?
- Using your journal, document your plans and your findings. Write out plans for each week. What adventure are you having? Where will you do it? What supplies will you need? Who is in charge of getting the supplies? Etc.

Scouter's Tip

- Break this up into a couple of parts rather than doing everything all at once. Take breaks to stretch or play a quick game in between.
- Working in small teams (versus the larger group) will allow more voices to be heard.
- What if the teams chose different adventures? Great! This is a perfect example of one of the benefits of using small teams—not all youth have to do the same thing. Pair up groups that chose the same adventure and have them do it together, or have all groups do their chosen adventure separately.
- During the different weeks, everyone meets at the same location and have 1–2 Scouters support each small team on their adventure. Sometimes, it may take some creativity to do everything in the same place. If you feel that you need extra adult support for certain adventures, you can invite parent helpers to come to a meeting.

* **Answers:** 1.Snow owl 2.Starlings 3.Polar bear 4.Rabbit 5.Moose 6.Raccoon 7.Mouse



GOING FOOTLOOSE

Going Footloose (Tracking)

Creatures are all around us; we may not see them, but we see the evidence all around us in their footprints in the snow or mud, feathers on the ground or fur hanging from trees.

Meeting Length: 20 mins

Challenge: Examine the evidence and see if you can find the Sasquatch's footprints.

Badge Connections: Scouts Craft, SDG #15 Life on Land

Beavers and Cubs

Use your journal to document what you have found out this week. See if you can find any Sasquatch tracks around your meeting space. Are there any other creatures out and about leaving their tracks behind? **Animal Investigator** Can you identify the different animal tracks? Maybe you want to make some Plaster of Paris molds of what you have found.

Safety Tip

If walking on snow or wet mud, wear the correct footwear and watch for slips and falls.

Scouts, Venturers and Rovers

Use your journal to document what you have found out this week.

Sasquatches have very distinctive footprints (that is why they are called Big Foot in North America). Lay out Big Foot tracks around your meeting space for the other patrols to track. How long is its stride, and how large is his gait? Does he tiptoe, or does he lay down flat footprints? Make it harder by bringing in other creatures' tracks to mix in with his tracks. Is there a number of different Big Foot tracks all congregating in one area? Which track do you follow?

Safety Tip

If you are walking on snow or wet mud, wear correct footwear and watch for slips and falls. Be aware of where you are leading the other patrols. Keep your friends safe as they may not be fully aware of their surroundings if they are watching the ground.



SOOTHING SLUMBER

Soothing Slumber (Hibernation)

Many creatures hibernate in the winter months, to conserve their body heat and to make it through the winter when food sources are scarce.

Meeting Length: 20 mins

Challenge: Examine the evidence and find the Sasquatch's Den

Badge Connections: Earth Beaver, SDG #15 Life on Land

Beavers and Cubs

Use your journal to document what you have found out this week.

Can you follow the footprints you found last week and find out where Sasquatch has its den?

Is its den buried in the ground, or is it high in the trees? Does it make a little house? Try building and designing your Sasquatch den? Maybe it has furniture or lies on a pile of leaves.

Build a Dam

Safety Tip

Be aware of your surroundings and watch for branches at eye level. If you use tools you have not used before, ask an adult to help.

Scouts, Venturers and Rovers

Use your journal to document what you have found out this week.

Build your own sasquatch den. Sleep in it overnight, was it warm and cozy or did it need more work. What materials helped you to stay warm? Was it a **quinzee**, or was it a more permanent structure?

Safety Tip

Be aware of your surroundings and watch for branches at eye level. If you use tools you have not used before, ask an adult to help.



DYNAMIC DRESS UP

Dynamic Dress Up (Adapting)

Creatures have adapted to their environments; some have heavy fur if they live in cold climates, and some have developed tails that curve around trees.

Meeting Length: 20 mins

Challenge: Examine the evidence and look for ways Sasquatch has adapted to its environment.

Badge Connections: Beaver Science, Cub Science

Beavers and Cubs

Use your journal to document what you have found out this week.

Look at ways animals have adapted to their environment. Design your own adaptations for your environment.

Adaptions in Nature is a great resource that teaches youth to build blubber so that they don't feel the cold. Dress in camouflage clothes and play hide and seek. Can your patrol find you when you are hiding? Do they find it easier when you wear bright clothes? Is it easier to hide when it is dark?

Safety Tip

Make sure that adults know where you are hiding, and you must come out if they call you.

Scouts, Venturers and Rovers

Use your journal to document what you have found out this week.

Design a camouflage suit. What are you going to add to it so that you blend into the environment? Play hide and seek and see how well you blend into your environment.

Safety Tip

What can be done to make these activities as safe as possible? What are some of the risks that you can see happening? How can those risks be reduced?

FEASTY FOOD



Feasty Food (Nourishing)

Creatures eat foods that are different from humans—some only eat grass or berries and vegetation. Others hunt for their food.

Meeting Length: 20 mins

Challenge: Examine the evidence and look at what type of food the Sasquatch eats.

Badge Connections: Beaver Science, Cub Science

Beavers and Cubs

Use your journal to document what you have found out this week.

Edible ice! Aka Growing Sugar Crystals

Do Sasquatches even have a sweet tooth? Let's make some sweet edible ice for the Sasquatch to attract it to us. A fun little experiment for our sections to make. Have them prepare the solution and jars the week before. Store them in a Scouter's house. And OH NO! They went missing and will be found in the woods near a spot where the Sasquatch has been hiding out.

Note: label each stick with the youth's name before starting the bonding process.

Sugar is a solid. Each little grain or crystal of sugar is made up of lots of individual sugar molecules. The molecules are arranged in a very orderly fashion that gives sugar its shape. Rock candy is made of sugar crystals. The crystals grow bigger than the ones you find in a packet of sugar or the sugar you buy to make cookies. They're easy to grow—just give it a try!

Caution: The sugar/water solution is extremely hot. Please take care when mixing and pouring it.

Materials

Remember—you're going to eat the results—don't use anything that you wouldn't use for food preparation

- 3 cups sugar
- 1 cup water
- Heavy saucepan
- Clean jars or tall glasses
- Clean string, straw or popsicle stick

HOW TO...

1

Get your crystal growing apparatus ready. You need to suspend your string into the container without it touching the sides or bottom. If you are using a string, you can tie it to a pencil and then lay the pencil across the top of the jar, as shown in this image.

Wet your string and dip it into sugar so that a few crystals cling to the string. This will give your candy a place to start growing.



2

Put three cups of sugar in the pan and add 1 cup of water. It will seem like there is too much sugar/not enough water, but it will be ok! Put the pan on the stove and heat the sugar/water solution. Stir it gently. As the solution heats up, more and more sugar will dissolve. The solution will look cloudy. You want to heat it until the solution turns clear and starts to bubble. Be very careful—the solution is very hot. Let it cool for 5–10 minutes before proceeding.

3

Pour the solution into the jars. Be sure the string is not touching the sides or bottom. Growing crystals takes time because the crystals grow as the water evaporates. Cover the top with a paper towel or coffee filter to prevent dust from getting into the jar. Put the jar some place where it won't be disturbed.

4

Check on your crystals every day. If a crust of crystals forms across the top of the jar, just remove it with a fork or spoon so water can continue to evaporate. If crystals form on the sides/bottom of the jar, pour the solution into a clean jar and place the string into the clean jar.

5

When your candy is big enough, you can take it out and eat it. If you want to save it, just let it dry and then store it in a closed container. It won't spoil, but if you leave it out, it may attract bugs! Enjoy!

Safety Tip

Make sure to be careful when handling the hot sugar solution as it can burn badly if spilled on bare skin.

Scouts, Venturers and Rovers

Use your journal to document what you have found out this week.

Sasquatches love to find food in the environment that they live. Make some terrific taffy in the snow. Can you add different flavours to it?

Safety Tip

Make sure to be careful when handling hot taffy solution as it can burn badly if spilled on bare skin. Snow can also burn fingers when handled for long period of time with bare skin.

BRINGING THE CHALLENGE TO LIFE

We are purposefully being more prescriptive with this challenge. Many Scouters just want to have a challenge that they can do without any thought or planning on their part. If you want to make it more youth-led or incorporate other aspects of finding the Sasquatch, feel free to do that. This is the youth's challenge, and they can determine how they do the challenge. Use your and your youth's imagination. The sky is the limit!

Youth-Led

Youth-led looks different for each of the sections.

For Beavers and Cubs—ask the Beavers or Cubs if they want to do the challenge as set out. If they don't, let them decide how they are going to find the Sasquatch.

For Scouts—offer suggestions for activities, and if they have other suggestions, take those into account too.

For Venturers and Rovers—offer the suggestions but help them brainstorm other options.

How will we be able to do the usual things we do in the winter?

We understand that winter can be a slower time; it has been designed as a quick 20-minute activity that you can do for a longer time or as an activity and then move on to other activities. Each of the challenges are there own stand-alone story.

How to make the Challenge easier or harder?

You know your youth the best. These activities are picked so that they are doable by most of your section. If they are too hard or too easy, click on the links in this guide and it will take you to the Activity Finder, each activity has a "Keep it Simple" and "Take it Further" section that will help you adapt it for your section's needs.

Taking it Further

If you enjoyed these activities, here is what you can do next!

Animal Investigator: Take this further with a full-day adventure to catch more animal signs. Grab your binoculars and add bird-spotting to the list. You just might catch some animals in real-time!

Build a Dam: Try building another animal's home. Try a wolf den, bear den or a nest

Adaptions in Nature: Look at other animals in environments that are different from ours such as tropical environments.

Edible Ice: Try adding different flavours or different sugar substitutes like stevia and see if the crystals grow as well

Quinzhee Camping: Try building and sleeping in an igloo! (Badges: Winter Skills, Scoutcraft)

Terrific Taffy: Do you know how to tap a maple tree? Visit a sugar shack or an expert that taps their own maple sap! Perhaps you could even tap and join in on the boiling process to see exactly how maple syrup is made! (Badge: Scout Winter Fitness)



MEETING:

Canadian Path Navigator LEVEL:

Wash/Sanitize hands—Clean any equipment being used.

Welcome (5 min)

- Gathering game
- Welcome everyone to the meeting and wait a couple minutes for everyone to arrive.

Opening (10 min)

Game:

Wash/Sanitize hands—Clean any equipment being used.

Dates to be aware of:

Plan (15 min)

Have a body break! Stand up, do some stretches or dance moves and shake it out before jumping into the activity.

Do (20 min) Split into small teams of between 6–8 youth. Work in these teams for the whole activity.

What's Next?

Wash/Sanitize hands—Clean any equipment being used.

Review and Closing (15 min)

Weekly Update to Parents

FAQ

When does Sasquatch Seekers start?

The Challenge kicks off on Feb 26! Use the Beaver/Cub Challenge or the Scouts/Venturers/Rover Challenge to share the weekly challenge option with the youth and get them excited about this next coast-to-coast Challenge. Details within this *Scouter's Guide* will help you plan and facilitate the weekly challenges, ensuring the most fun.

The last week of the Sasquatch Seekers Challenge is April 1, with the last day to submit your completed challenges online by April 7.

How do we get the crest? And is there more than one crest?

The crest is a memento of the Challenge and a wonderful reminder of the fun and exciting experiences of participating. We will announce when the crest will be available at the Scout Shop. The Sasquatch Seekers crest is a single crest and not a composite crest. That said, there is an elusive Sasquatch crest that can be won as well.

What if we cannot do the activity as described?

Youth can choose to pursue their own challenge. Sections can change the activity to suit the needs of their youth and their abilities. We have tried to leave the activities open-ended so they are easily adapted to all ability levels.

How do I run this for my Section?

Each week, videos promoting Sasquatch Seekers will be released for Scouters.

Every Monday, beginning on Feb. 26, we will post a video on our social media channels and Scouts.ca to publicly promote that week's challenge.

Share the video with your Section to help engage youth in their adventure, and don't forget to have fun! After you have completed each week's activity, we will ask you to fill out a short (and we do mean short) form to confirm participation, earn crests, and compete for bragging rights and prizes!

We won't be able to participate in one of the weeks, or we don't want to do the activities in order. Will that impact the rest of the Challenge?

This Sasquatch Seekers Challenge can be completed chronologically or in the order youth prefer. We encourage chronological participation, as this enhances the shared experience of youth embarking on the same activity each week, together.

Can we do other activities after this is finished?

Yes, you can take it as far as your youth are interested.

I don't have Wi-Fi where I meet, how can I play the videos?

You can download them to a device, you can send them ahead of the meeting, you can ask the youth to tune into YouTube each week at home before they arrive at the meeting, or you can play it as the opening to your virtual meeting. You can find all the tools, videos, and creative assets on Scouts.ca/SasquatchSeekers.

Are there prizes?

Yes, there are going to be weekly prizes awarded to Groups.

My youth doesn't want to do the activity set for my Section; can I do a different Section's challenge?

Yes, absolutely.



10 STEPS TO SAFETY ON YOUR ADVENTURE

What is a Toolbox Talk?

Taking "Five Minutes" at the beginning of an adventure activity provides one of the most effective opportunities for planting a character-building thought in the young Scout's mind and memory.

Section: Any

Safety Requirements: Dependent on location, time of year and local requirements

Participants: Any

Location: Any

Time Scheduled: 5–10 minutes, any time—best before an activity when the youth are concentrating

Topic: Make specific to the location, adventure, time of year or recent incident

1

STEP 1: Split the group into patrols such that it increases the probability of all youth having the ability to participate, increases efficiency and further reinforces team learning and partnership with a dedicated mentor (assigned Scouter).

2

STEP 2: Lighthearted warm-up. Perhaps ask someone to share a joke or a fun thing that's happened recently.

3

STEP 3: Review the activity e.g. hike, canoeing, snowshoe, park clean-up, swimming.

ASK: "What activity have we got planned for today (this morning/evening etc...)?"

4

STEP 4: Discuss the specific risks involved with the activity planned.

ASK: "What risks are involved?"

5

STEP 5: Discuss specific actions/tasks or roles/responsibilities required for the activity e.g. lead hiker, first-aid, lifeguard, sweeper, emergency lead etc.

ASK: "What are the key tasks involved?", "What steps/actions are we going to take?", "Are there specific roles required?"

6

STEP 6: Discuss specific skills if appropriate for the activity e.g. cross-country skiing, winter hiking, climbing, etc.

ASK: "Have we got the skills—who does—how are we going to leverage them?"

7

STEP 7: Review the Emergency Response Plan (ERP). Location of first aiders / kits, satellite phone, ambulance, emergency numbers.

ASK: "What do we do if something goes wrong (go over the ERP if required)", "Who do we call if there's an emergency?", "What do we do if the other patrol is in trouble."

8

STEP 8: Ask the youth/Scouters to share previous experiences.

ASK: "Anybody got an experience where they've been hurt or nearly hurt doing an activity like this before?", "What did you learn?"

9

STEP 9: Close with final remarks and questions.

ASK: "Anyone have questions, or final remarks?"

10

STEP 10: Conduct the activity.





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AND TAG @SCOUTSCANADA*

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